

CLASS SCHEDULE 2026



Monday

5:15-6:15pm Youth BJJ FULL GI

6:15-7:15pm Adult BJJ FULL GI

Tuesday

4:30-5:15pm Cubs BJJ NO GI

5:15-6:15pm Youth BJJ NO GI

6:15-7:15pm Adult BJJ NO GI

7:15-8:15pm Muay Thai Kickboxing

Wednesday

4:30-5:15pm Cubs BJJ FULL GI

5:15-6:15pm Youth BJJ FULL GI

6:15-7:15pm Adult BJJ FULL GI

Thursday

7:00-8:00am Adult BBJ NO GI

5:15-6:15pm Youth BJJ NO GI

6:15-7:15pm Adult BJJ NO GI

7:15-8:15pm Muay Thai Kickboxing

Friday

7:00-8:00am Adult BBJ FULL GI

9:00-10:00am Homeschool BJJ NO GI

Saturday

9:15-10:00am Cubs BJJ FULL GI

10:00-11:00am Kids BJJ FULL GI

11:00am-12:00pm Adult OPEN MAT